



# CHAMBER OF COMMERCE NEWS

Another benefit of your West Union Chamber Membership!

[www.westunion.com](http://www.westunion.com)

**September 2014**

## Congratulations to the WU Stock Parade Winners!

*Appliance Plus & US Cellular* - "Grooviest" (Best use of WU Stock Theme). Winners of a 6 month FREE membership to the West Union Chamber of Commerce!

*Brain Freezer* - "Ringo's Star" (Most Unique). Winners of a 122 Gift Certificate!

*Northeast Iowa Rugby Club* - "Fab Four" (Funniest). Winners of a Red Heart Pizza Gift Certificate!



**City Wide  
Garage Sales**  
September 18th, 19th &  
20th

### 2014 Punch Card Promotion Planning Underway!

This is a great way to get the community motivated to do some holiday shopping right here in West Union. More information to follow in future Newsletters. Let's plan to make this year as successful as the last!

Kaleidoscope Kids Childcare Center (KKCC), West Union, is competing for a \$7,500 Wellmark Foundation grant award. In honor of Wellmark's 75th Anniversary, they will award 10 grants this fall and KKCC has been chosen as one of the finalists in the competition!

You can vote for KKCC through September 7th and help them win funds for their new playground that will be located at the new Child Care Center set to be completed by November 24th.

- Go to: <http://www.wellmark75.com/>
- In the middle of the page, click "Vote for Your Favorite"
- Find KKCC (6<sup>th</sup> down on the right)
- Click the "Vote" box
- Scroll to the bottom of the page, press "Save Vote"



Please pass the word and **VOTE DAILY!!!!**

### Inside This Issue:

Business Spotlight	2
Chamber Bits...	3
Green Pilot Update	3
5:05 Community Social	4
Calendar	Insert

### BOARD OF DIRECTORS

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## Chamber Spotlight: Swensen Chiropractic

It has been just over 3 years since Swensen Family Chiropractic Clinic opened its doors at 114 E Elm Street in West Union. After graduating Magna Cum Laude from Palmer College of Chiropractic in October 2010, Dr. Judd Swensen began searching for a great place to not only start his practice, but to raise his family as well. After agreeing to take over the former practice of Dr. Wilbur Bigler, he moved his wife, Sara, and daughter, Anna, to northeast Iowa.

Ever since he was a young boy, Dr. Swensen dreamed of being able to help people. Through chiropractic, he is able to see his dream come true every day. Chiropractic is natural health care that allows the body to heal itself. Dr. Swensen is able to correct the spinal misalignments that are causing interference between the brain and the other organs and parts of the body, allowing the body to heal itself and function at its maximum potential. The misalignments can be thought of as “kinks” in a garden hose. As long as there are kinks the water cannot get through properly, but once the kinks are removed the water flows like it should.

Allowing patients to reach their maximum potential involves treating the whole person. For this reason, Dr. Swensen does not limit his patient care to adjusting backs only. He also treats feet, ankles, knees, and shoulders. Or as he likes to say, “Everything from your toes to your nose is fair game in our office.” In addition to chiropractic care, Swensen Family Chiropractic Clinic, also offers nutritional supplements, sports physicals, pillows, orthotics, and other rehab services to help supplement the doctors adjustments.

Over the last 3 years Swensen Family Chiropractic Clinic has experienced a lot of growth. Dr. Swensen’s family has also continued to grow along with his practice, with the addition of his son, Jack, and a third child due early next February. West Union is a wonderful place to raise a family and to establish a career.

Helping people live life to its fullest potential is what drives Swensen Family Chiropractic Clinic to fulfill its purpose of bringing health through chiropractic to all of northeast Iowa.

Schedule your appointment today by calling our office at 563-422-5771.

***Thank you to Swensen Chiropractic Clinic for your Chamber membership and support!***



## Palmer Memorial Foundation's Fall Fund Fest

Mark your calendars for Palmer Memorial Foundation's Fall Fund Fest scheduled to take place Thursday, October 16th from 5:00 - 8:00 pm at the Dance Pavilion on the Fayette County Fairgrounds.

Enjoy FREE hors d'oeuvres, desserts and live entertainment!



### Schedule of Events:

- 5:00 pm - Doors Open
- Silent Auction Begins
- 5:15 pm - Live Entertainment by the Buck Hollow Band
- 6:30 pm - Live Auction
- 8:00 pm - Conclusion of Silent Auction

## Dad's Belgian Waffle Supper & Auction

Hosted by The Good Samaritan Society of West Union

Monday, September 15th

4:30 - 7 pm

Echo Valley Speedway

Tickets are \$6.50 in advance and \$7.00 at the door. Children 5 and under are free. Takeouts will be available.

The silent auction will begin at 4:30 pm with winning bids announced at 6:45 pm. The live auction begins at 5:45 pm. All proceeds will go toward a “Whirlpool Bathing Spa.”



To purchase tickets, call (562) 422-3814

# Chamber Bits...

*You're Invited...*

Traditions of West Union is celebrating a new beginning with their new building owners! They will host a Ribbon Cutting Ceremony on September 10th at 11 am with lunch to follow.



The upstairs apartment in the Chamber building is available to rent. Contact the Chamber office for more information.



**TUESDAY**  
**SEPTEMBER 30**

10 AM - 1 PM

BACK PARKING LOT (BEHIND HOSPITAL/CLINIC)  
 PALMER LUTHERAN HEALTH CENTER

COME HELP SUPPORT OUR LOCAL MAMMOGRAPHY FUND &  
 ENJOY DELICIOUS CUPCAKES FOR SALE

## Pancake Breakfast

Friends of Floral Hall will be hosting a Pancake Breakfast on Sunday, September 21st from 9 am to 1 pm at the Fairgrounds Pavilion.

Come help support and raise funds to replace the roof of the historic Floral Hall Building!

You are invited to celebrate Palmer Lutheran Health Center's Hospital Hero

**Dr. Ronald Myrom, M.D.**

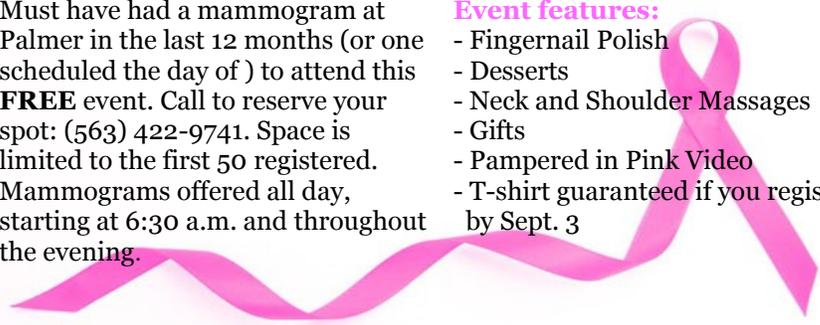
A reception will be held Sunday, September 28th 2-4 pm Boeke-Freed Education Center (Lower Level of Palmer Lutheran Health Center)

## PAMPERED IN PINK

Thursday, Sept. 18, 5:30-7 p.m. Boeke-Freed Education Center (lower level of Palmer Lutheran)

Must have had a mammogram at Palmer in the last 12 months (or one scheduled the day of ) to attend this **FREE** event. Call to reserve your spot: (563) 422-9741. Space is limited to the first 50 registered. Mammograms offered all day, starting at 6:30 a.m. and throughout the evening.

- Event features:**
- Fingernail Polish
  - Desserts
  - Neck and Shoulder Massages
  - Gifts
  - Pampered in Pink Video
  - T-shirt guaranteed if you register by Sept. 3



Main Street West Union will be hosting a Metal Recycling Fundraiser on Saturday, September 13th and Saturday, September 20th from 8:30 am to 3:00 pm in the lot south of Spahn & Rose Lumber Company on Vine Street.

## GREEN PILOT UPDATE



### MULTI-FAMILY HOUSING PROJECT:

Final punch lists for the Multi-Family Housing project are being worked on and buildings will be ready for occupants in September. There are 12 newly renovated apartments available and applications can be picked up at the Main Street West Union office for anyone interested in these units.

### FAÇADE MASTER PLAN UPDATE:

This project is also nearing completion as the final windows and doors have been installed! Minor finishing touches will take place in September but we will soon see the streets free of construction equipment! A special Ribbon Cutting ceremony was held during the Downtown Block Party to recognize those buildings who have made a significant improvement to their buildings.



**WESTUNION**  
CHAMBER of COMMERCE

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Phone: 563-422-3070  
Email: chamber@westunion.com

[www.westunion.com](http://www.westunion.com)

**5:05 Community Social!**

Enter to WIN  
Door Prizes!

Enjoy  
Refreshments!



**Everyone is Invited**  
**Everyone is Welcome!**



**Tuesday, September 9th**  
**5:05 PM**

**Palmer Lutheran  
Health Center**

**A GUNDERSEN LUTHERAN AFFILIATE**

112 Jefferson Street, West Union, Iowa 52175 Phone: 563-422-3811

IF YOU ARE INTERESTED IN HOSTING THE OCTOBER 14TH 5:05 COMMUNITY SOCIAL, PLEASE CONTACT THE CHAMBER.